The new RVM Emergency Guide is on its way and small group meetings will be scheduled SOON. Here are some of the things we will be discussing in those meetings

Please call Jens at 7910 if you have any questions

- **Identify potential hazards in your home**. Place a <u>work-order</u> to have pictures and large furniture anchored properly to a wall.
- Have 3 days of food and water on hand for you and your pets. Did you know that you can buy Red Cross 3 Day Survival Kits from RVM? <u>Ask us how.</u> Consider keeping a kit in your car in case disaster strikes while you are away from home. Work towards being "two weeks ready" with water and food storage (especially in the Cottages).
- Keep a minimum of 2 weeks Medical Prescriptions and other supplies on hand at all times.
- Make sure you have Flash Lights and/or Safety lights in your home. <u>We can help.</u>
- If you own a car keep the gas tank at least ½ full. If disaster strikes and you are on the road or at home fuel will be scarce during an emergency.
- **Keep a small amount of emergency cash on hand.** In an emergency you may be unable to get to an ATM or they may not be working.
- **Keep a car charger for your cell phone.** If you are on the road during and emergency you will be able to reach others for information.
- Keep an Emergency Backpack with essentials ready to go in case you need to leave in a hurry.
- Keep a flashlight, shoes, gloves, wallet or purse and medication next to your bed in case you need to leave in a hurry. Make this a daily habit.
- Keep all emergency numbers written down or in your cell phone address book.

- Make copies of all your important documents and include them in your emergency kits.
- Beneficial to have a battery or solar powered emergency radio with NOAA Weather stations. <u>We can help.</u>
- Place hearing aids or glasses in a drawer or small box that won't easily slide off a counter in the event of an earthquake.